

Fort Atkinson Parks & Recreation

30 North Water Street West—Fort Atkinson, WI 53538

Phone: (920) 563-7781



Karate



Summer Camps

CAMP #1 : THE HEIAN KATAS

This 4 day camp will take a focused look at all five of the Heian Katas.

Dates: June 19, 21, 26, 28 **Time:** 1:00-3:00pm **Cost:** \$45 **Rank:** Beginner 1 and Up

CAMP #2: ADVANCED KATAS

Camp will focus on Tekki, Bassai Dai, Jion and other advanced katas.

Dates: July 10, 12, 17, 19 **Time:** 1:00-3:00pm
Cost: \$45 **Rank:** Blue Belts +

CAMP #3: DRILLS & BUNKAI

Various applications and drills from the katas will be the main topics

Dates: July 24, 26, 31, Aug 2 **Time:** 1:00-3:00
Cost: \$45 **Rank:** Orange Belts +

CAMP #4: TESTING PREP

This camp will get you ready to test out for your next belt.

Date: August 7, 9, 14, 16 **Time:** 10:00-Noon **Cost:** \$45 **Rank:** Orange Belts +

CAMP #5: SAY NO TO BULLYING

Learn appropriate responses to bullying

Dates: August 21, 23 **Time:** 10:00-Noon
Cost: \$25 **Rank:** Age 5+

CAMP #6: SPARRING

Work on strategies and techniques in free and point sparring

Dates: August 28, 30 **Time:** 10:00-Noon
Cost: \$25 **Rank:** Yellow-Red Belts

NAME: _____ BELT: _____ AGE: _____

ADDRESS: _____ CITY: _____

E-MAIL: _____ PHONE #: _____

Please Circle: Camp 1 Camp 2 Camp 3 Camp 4 Camp 5 Camp 6